

Case notes

Name: A.P.
Gender: M ☐ F ☒
Date of birth: 20/1/1980
Date of admission: 28/1/2014

History of presenting complaint

- Right sided lower abdominal pain started 2–3 days ago, initially dull aching now sharp, present all the time (i.e continuous) with increase in severity at times, radiating to the left side sometimes. Exacerbated on coughing, opening bowel, travelling over road bumps. Relieved on lying still, gets little better with Panadol/Nurofen.
- Feeling hot and cold at times. No chills/rigors.
- Associated with nausea and 4–5 episodes of vomiting. Unable to tolerate food.
- 2–3 episodes of loose stool, associated with transient worsening of abdominal pain.
- Has been well till onset of symptoms. Denies history of similar symptoms in the past.

Past medical history

- No history of chronic medical conditions.
- Denies history of previous surgical procedures.

Allergies and regular medications:

- -No allergies.
- - Not on regular medications.

Social history

- Lives with partner.
- Smokes approx. 6–8 cigarettes/week.
- Drinks on the weekends.

On examination

A (Airway): own patent/protected

B (Breathing): Chest: Good bilateral air entry.

RR 22/min, Sats: 98% room air.

C (Circulation): Heart sounds are dual, no murmurs heard.

HR130/min, BP: 108/65mm Hg.

D (Disability): GCS 15/15, pupils equal and reacting to light. No focal neurological deficits noted.

E: Temp: 37.9

Tenderness noted in the right iliac fossa, guarding and rebound tenderness positive.

Provisional diagnosis

Likely appendicitis.

Treatment

1. IV cannula inserted and bloods sent for FBC/EUC/LFT/CRP
2. Analgesia given.
3. IV fluids.
4. For surgical registrar review.

Investigations

Bloods

VBG: pH: 7.33, pCO₂: 38, pO₂: 38, Hb: 118, K: 3.5, Na: 136, Lac: 1.8, HCO₃: 20 Glu: 5.1

FBC: WBC: 18↑/Hb 115/Neut 12↑/Plt: 456↑

EUC: Na 134/ K 3.6/ Urea 6.4/ Creat 100/ GFR >90

LFT: Bili 10/ AST18/ ALT 16/ GGT 26/ Alk phos: 32

CRP: 234↑

Urine

Dipstick: no leucocytes/ No nitrites.

Awaiting surgical Registrar review.

Dr ABC